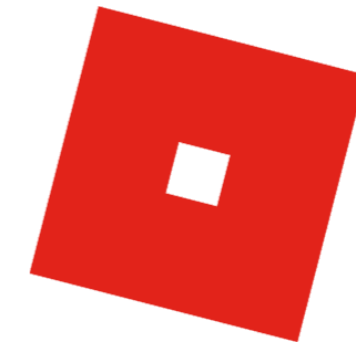
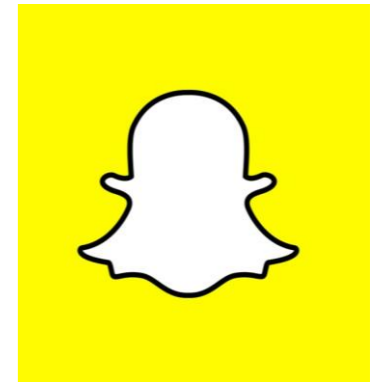




Children's Digital Playground (6-12)

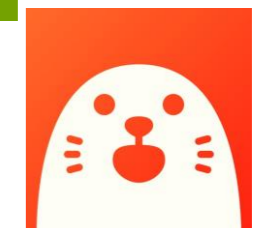
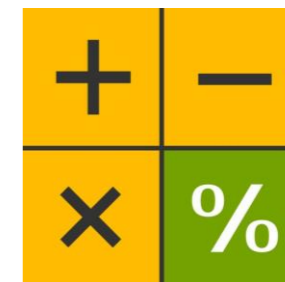


**PLAYSTATION
Network**



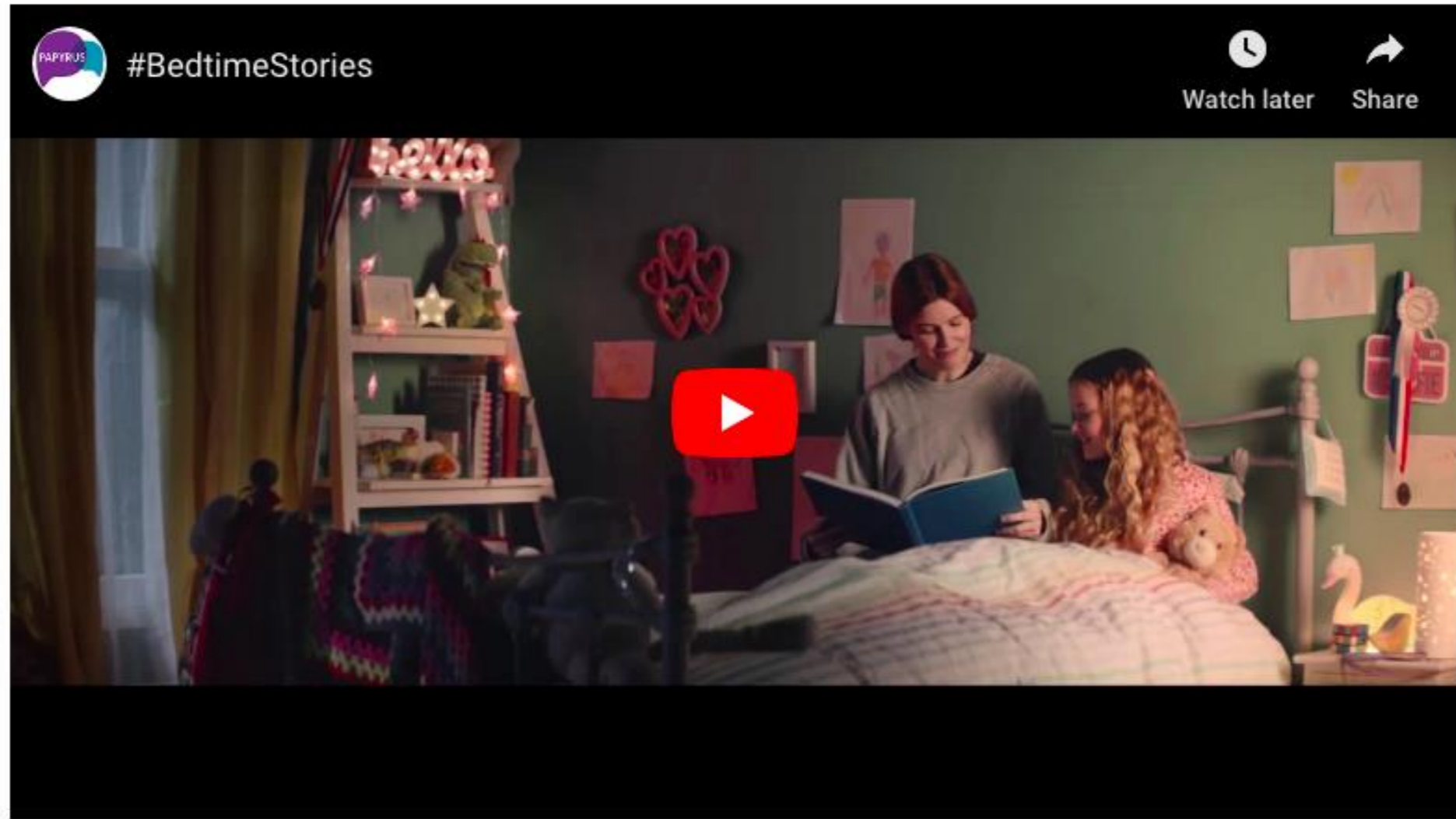
What are your children doing online?

- Watch videos on YouTube and Netflix
- Play a range of online games from Minecraft to Fortnite to over 18s such as Grand Theft Auto
- Most Secondary age children use a social media app such as Tik Tok or Whatsapp.
- Live streaming has become particularly popular amongst teenagers with game streaming sites such as Twitch being incredibly popular.
- Use educational apps to supplement learning



#BedtimeStories

Watch our #BedtimeStories Film



To access this video [Click Here](#)

For more information about the #Bedtimestories [Click Here](#)

Media Use and Attitudes report 2018

12-15s



83% have their own smartphone, 50% have their own tablet.

90% watch TV on a TV set, for around 13¼h a week.

62% watch TV on other devices, mostly on a tablet or mobile.

76% play games, for around 13¾h a week.

99% go online, for 20½h a week.

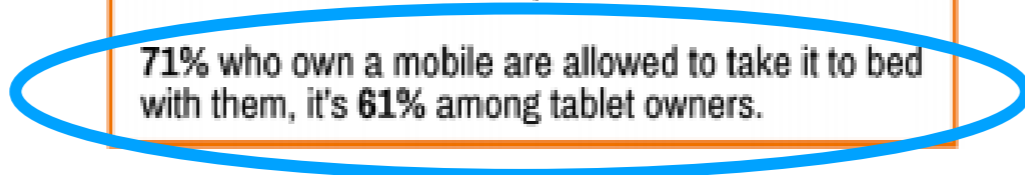
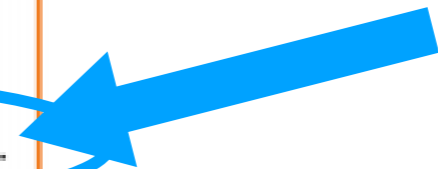
53% of these mostly use a mobile to go online, with 23% mostly using a tablet.

58% watch TV programmes via OTT services (like Netflix, Now TV or Amazon Prime Video).

89% use YouTube, 74% of these say they use it to watch funny videos or pranks with same proportion saying music videos.

69% have a social media profile.

71% who own a mobile are allowed to take it to bed with them, it's 61% among tablet owners.



Parents

“He was addicted to [his tablet]. I didn’t want him getting too focused in his own world, so I limited it” Mum of Harry aged 6

Attitudes toward the internet, among parents of children who go online

Proportion of parents of 5-15 year olds who agree
The benefits of the internet for my child outweigh any risks



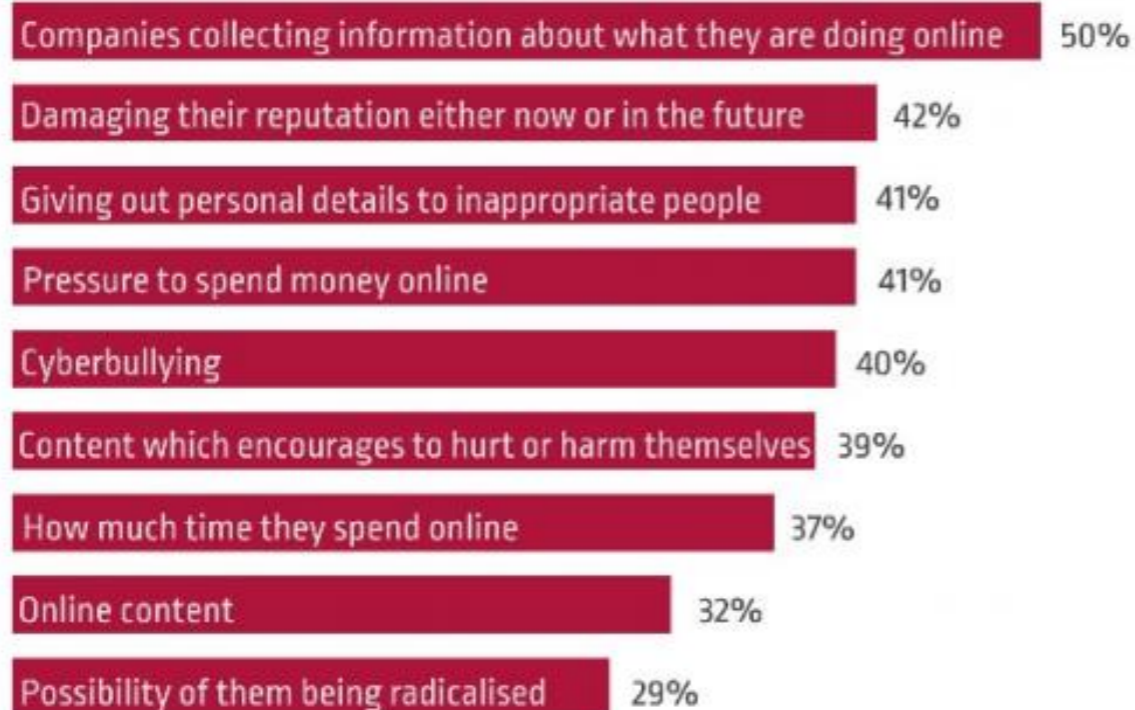
Source: Children and Parents: Media Use and attitudes report 2018

For access to the full report [Click Here](#).

Parents

Parental concerns about aspects of their child's internet use, 5-15s who go online

% of parents of online 5-15s, who are very/ fairly concerned



Recorded online sexual grooming crimes rise by a third

An NSPCC Freedom of Information request earlier this term to police forces in England and Wales shows there were at least **4,373** offences of sexual communication with a child recorded in the year to April 2019 compared with **3,217** in the previous year.



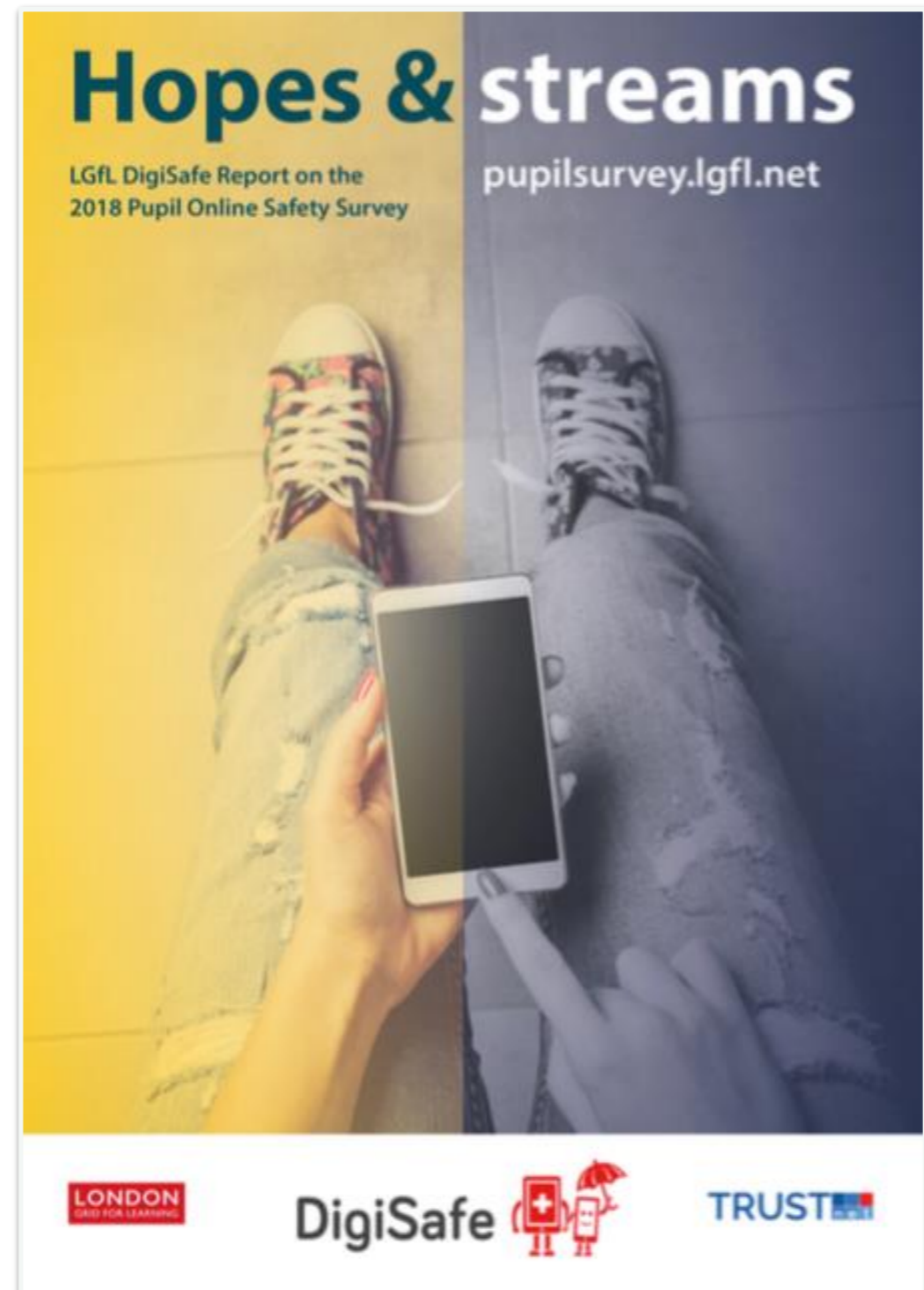
Source: Children and Parents: Media Use and attitudes report 2018

For access to the full report [Click Here](#).

Hopes and Streams

- Survey of 40,000 pupils.
- Focuses on both positive and negative experiences of online life.
- Resources to support the delivery based on findings.
- Pupils, Schools, Parents perspective.

To access this report and resources click [here](#)



“ People telling me to take my clothes off.

”

Boy, 10

“ When I feel upset friends are always there for me and we can talk when we need to get stuff off our chests ”

Girl, 13

“ I was on a live stream and a boy asked me and my friend for a threesome and nudes.

”

Girl, 14

“ When people are nice in games. Getting nice messages and comments.

”

Boy, 9

“ Seeing people hurt or say bad things about themselves. They pressure themselves to look 'perfect' and want to cut or kill themselves. ”

Girl, 12

“ Being online, sharing things that interest you, making friends and seeing all the cool stuff people do and make is just amazing. ”

Girl, 16

73% of pupils trust parents on online safety, but only 56% talk about it more than once a year

Almost 1 in 6 pupils have seen something that encourages self-harm

2 in 5 pupils have never told anyone about the worst thing that has happened to them online

1 in 4 pupils have been bullied online, and 1 in 13 admit bullying others online

Nearly 1 in 10 who video chat with people they haven't met have been asked to change or undress

Trends



Live Streaming

‘The UK is now thought to be one of the largest consumers in the world of live-streamed abuse from the Philippines.’

Savid Javid (Chancellor of Exchequer) June 2019



Live Streaming

Woman admits live-streaming child sexual abuse

Child sexual exploitation

A woman has admitted four child sexual abuse charges including live-streaming footage of herself sexually abusing a young girl over almost three years.

Christine Callaghan, 33, was paid £2,285 by Dean Petley, 30, to carry out the abuse over Skype.

Yesterday (Friday), Callaghan admitted four charges at Isleworth Crown Court.

Petley, an automotive engineer, admitted 11 charges last month and was jailed at the same hearing yesterday for eight years.

National Crime Agency officers discovered the duo's offending through an investigation into Jodie Little, 30, who was jailed for 12 years and four months in August for sexually abusing children online.

In July last year the NCA became aware of Little sexually abusing children under the online names 'Devil Bitch 666' and 'DomTabooSlut' on an adult services website from her home in northern Cyprus.

She admitted nine offences. She was convicted of eight using Section 72 of the Sexual Offences Act 2003 – legislation designed to prosecute British nationals in the UK for crimes committed abroad.



Man paid 93p to have child abuse live-streamed to Irvine home



The trial took place at the High Court in Glasgow. Picture: John Devlin

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Published: 21:46
Tuesday 02 July 2019



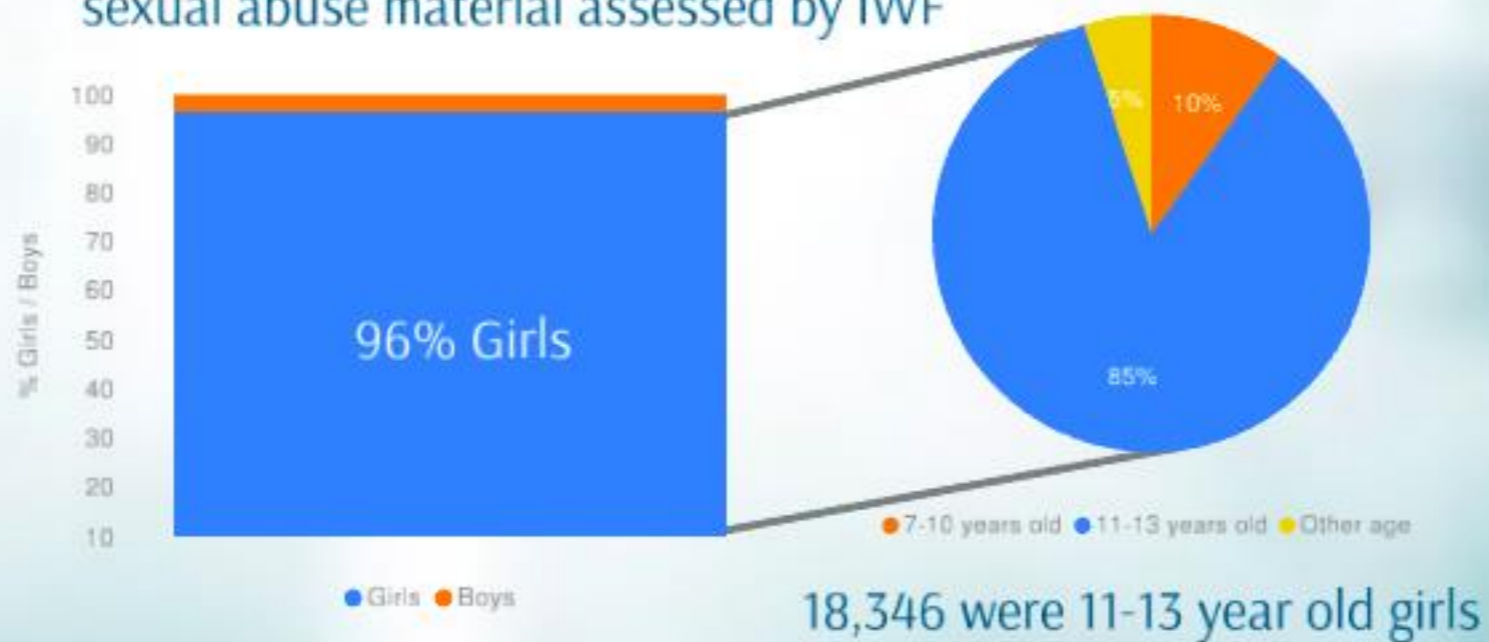
IWF

Self Generated Sexual Abuse Content

January 2019 - June 2019

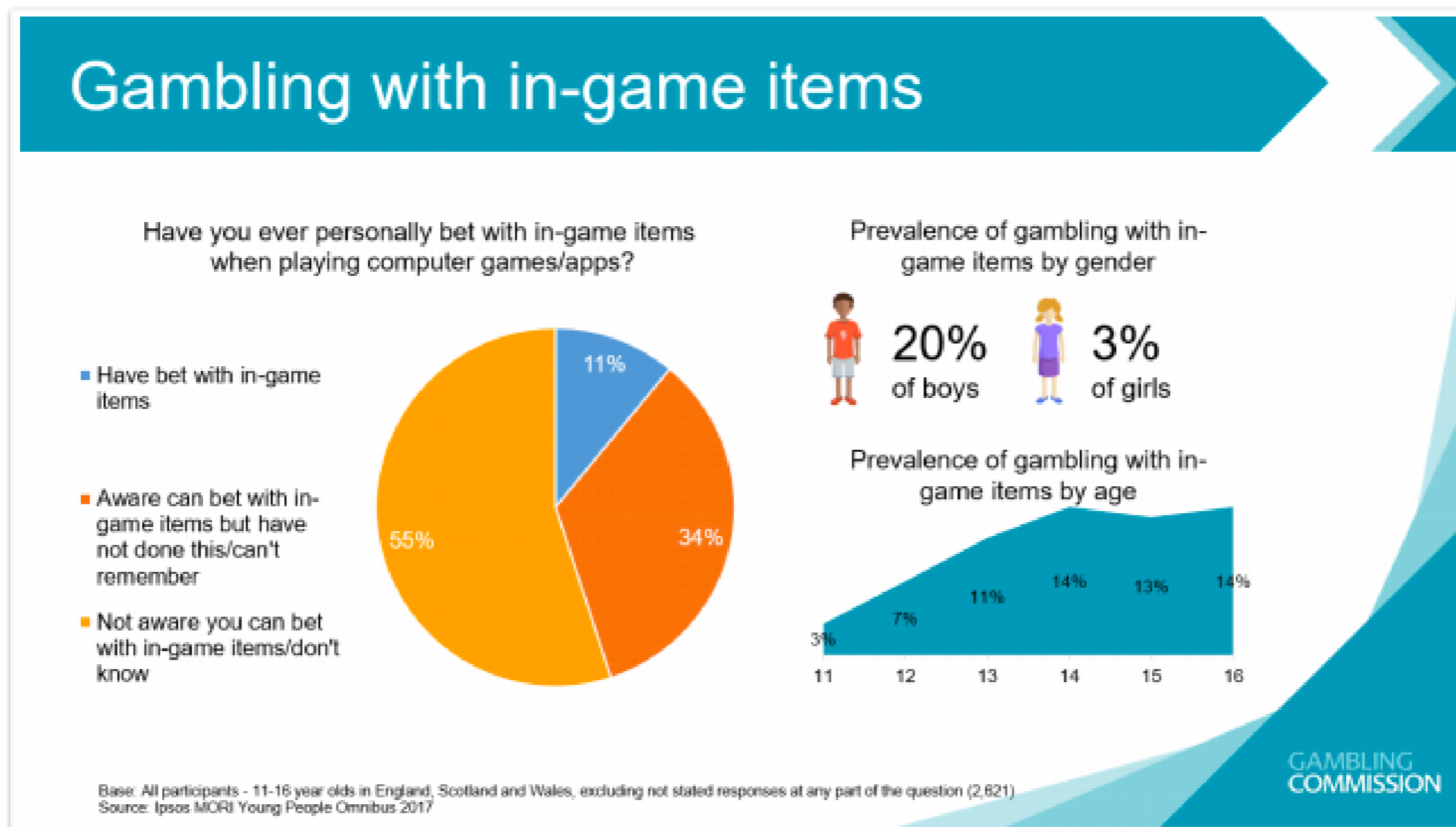


Of 22,484 reports of self-generated child sexual abuse material assessed by IWF



Skin Gambling

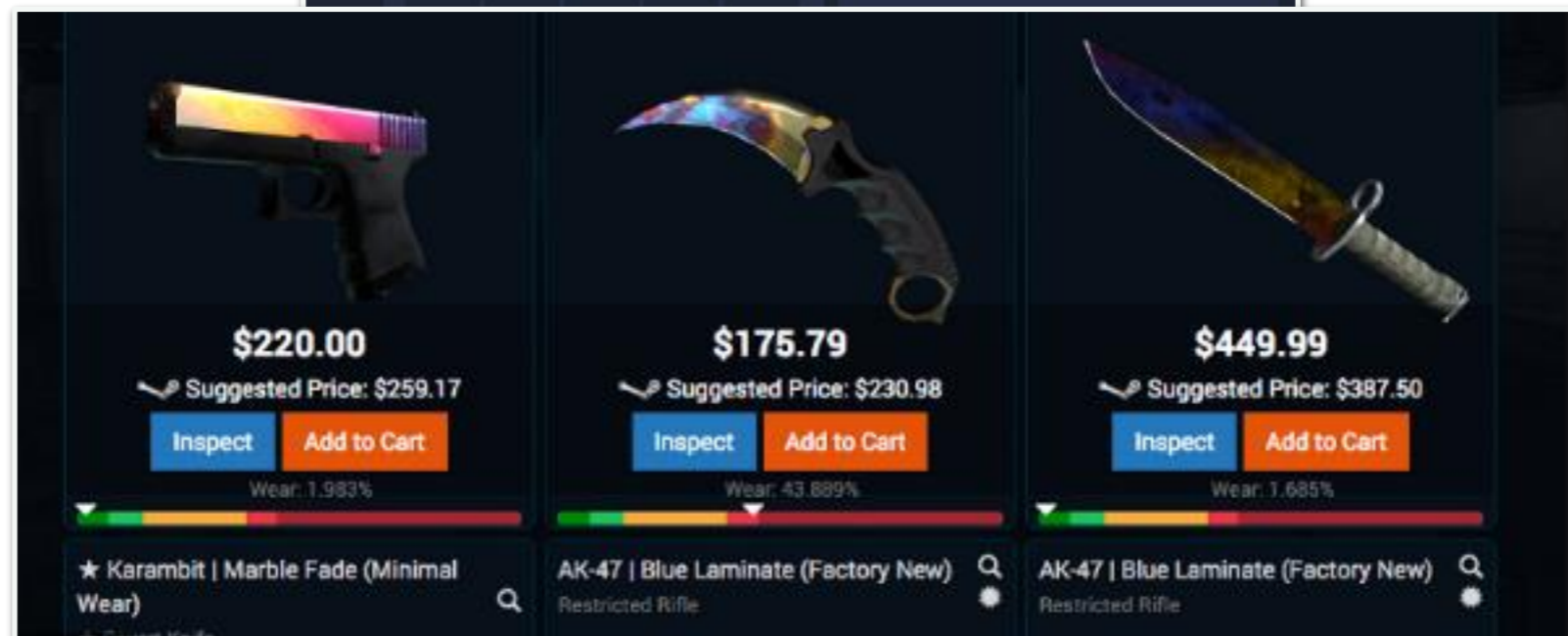
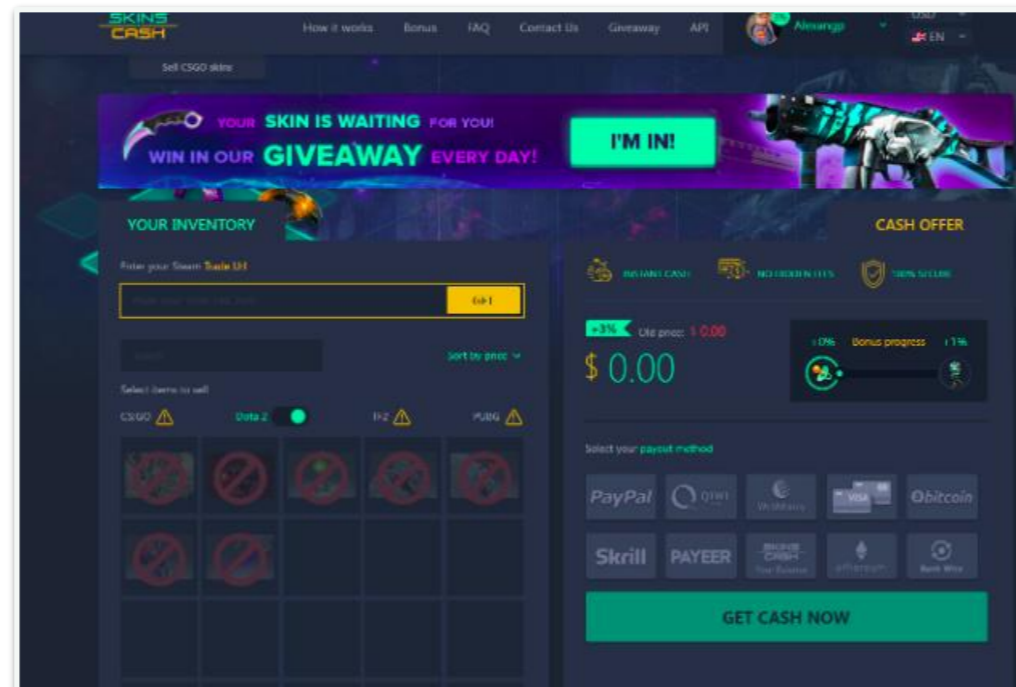
45% of 11- 16 year olds are aware of skin gambling.



To access this report [click here](#)

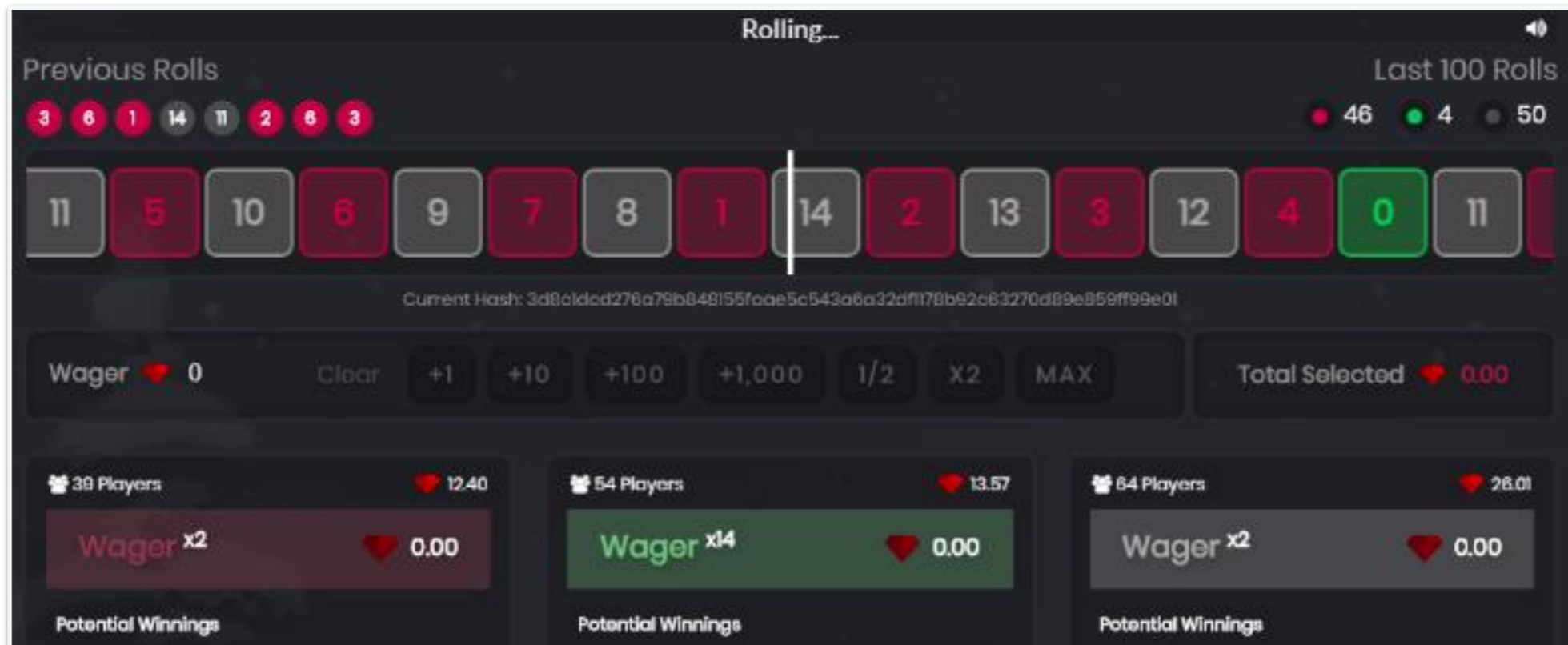
Skin Gambling

Skins can be bought and sold for cash.



Skin Gambling

Skins can be exchanged for jewels and used for traditional casino style gambling.



A worrying trend

Girls admitted to hospital for self-harming nearly doubles

By Kamilah McInnis & Gena-mour Barrett
Newsbeat reporters

🕒 6 August 2018

f 🌐 🐦 ✉️ Share



Kay Ska self-harmed for two years and one of the reasons was because she didn't know how to deal with her feelings "in a healthy way".

"I think it was just a lot of confusion, hormones and a lot of image issues," she told Newsbeat.

The 23-year-old is speaking out after figures from the NHS show the number of girls admitted to hospital for self-harm has almost doubled in two decades.

The NSPCC says the statistics are "sadly unsurprising".

For access to this article [Click Here](#)

My Pale Skin



To access this video [click here](#)

What can you do?



UK Chief Medical Officers' advice for parents and carers on Children and Young People's screen and social media use

Technology can be a wonderful thing but too much time sitting down or using mobile devices can get in the way of important, healthy activities. Here are some tips for balancing screen use with healthy living.

Sleep matters

Getting enough, good quality sleep is very important. Leave phones outside the bedroom when it is bedtime.



Sharing sensibly

Talk about sharing photos and information online and how photos and words are sometimes manipulated. Parents and carers should never assume that children are happy for their photos to be shared. For everyone – when in doubt, don't upload!



Education matters

Make sure you and your children are aware of, and abide by, their school's policy on screen time.



Keep moving!

Everyone should take a break after a couple of hours sitting or lying down using a screen. It's good to get up and move about a bit. #sitlessmovemore



Safety when out and about

Advise children to put their screens away while crossing the road or doing an activity that needs their full attention.



Talking helps

Talk with children about using screens and what they are watching. A change in behaviour can be a sign they are distressed – make sure they know they can always speak to you or another responsible adult if they feel uncomfortable with screen or social media use.



Family time together

Screen-free meal times are a good idea – you can enjoy face-to-face conversation, with adults giving their full attention to children.



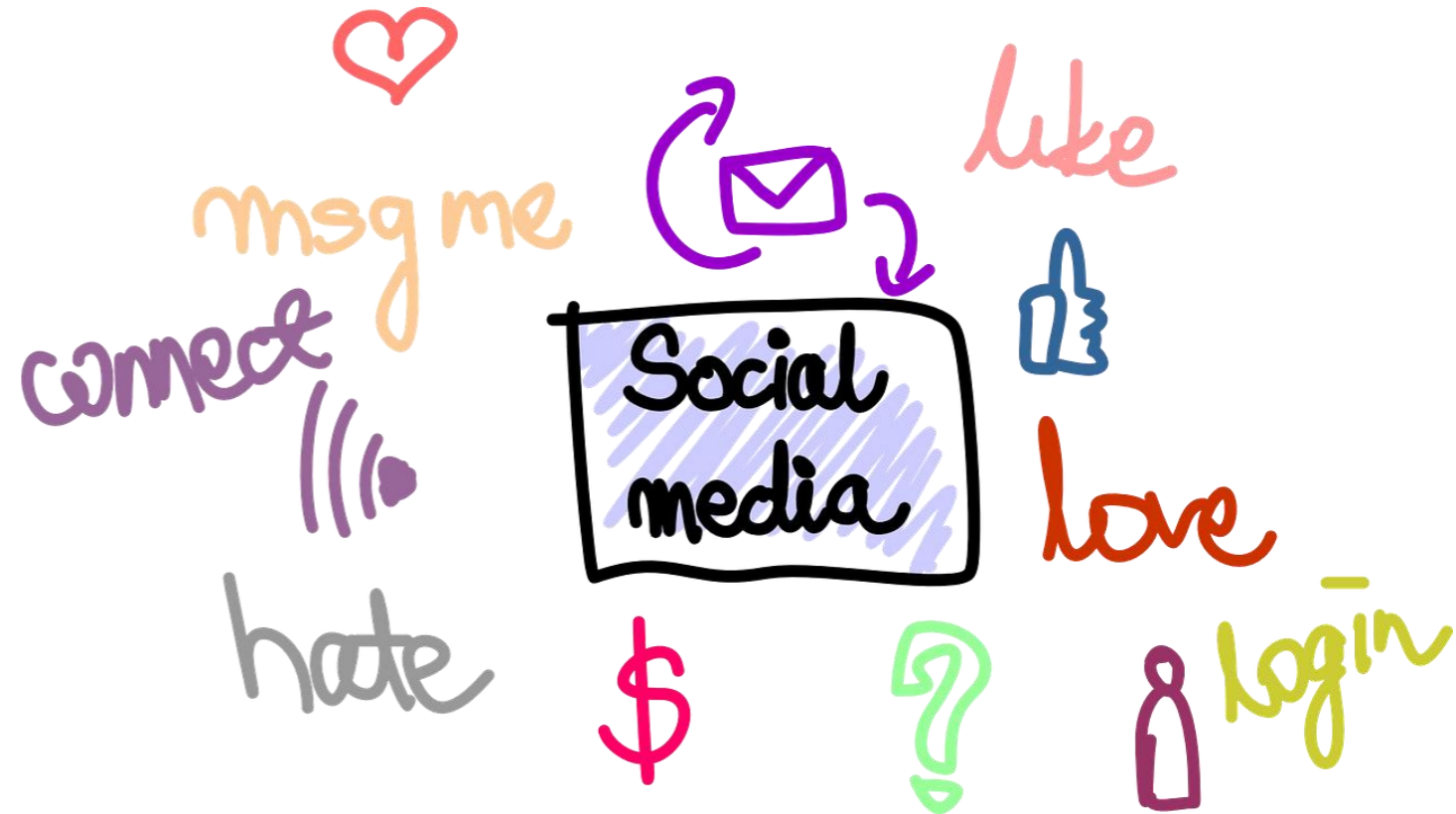
Use helpful phone features

Some devices and platforms have special features – try using these features to keep track of how much time you (and with their permission, your children) spend looking at screens or on social media.

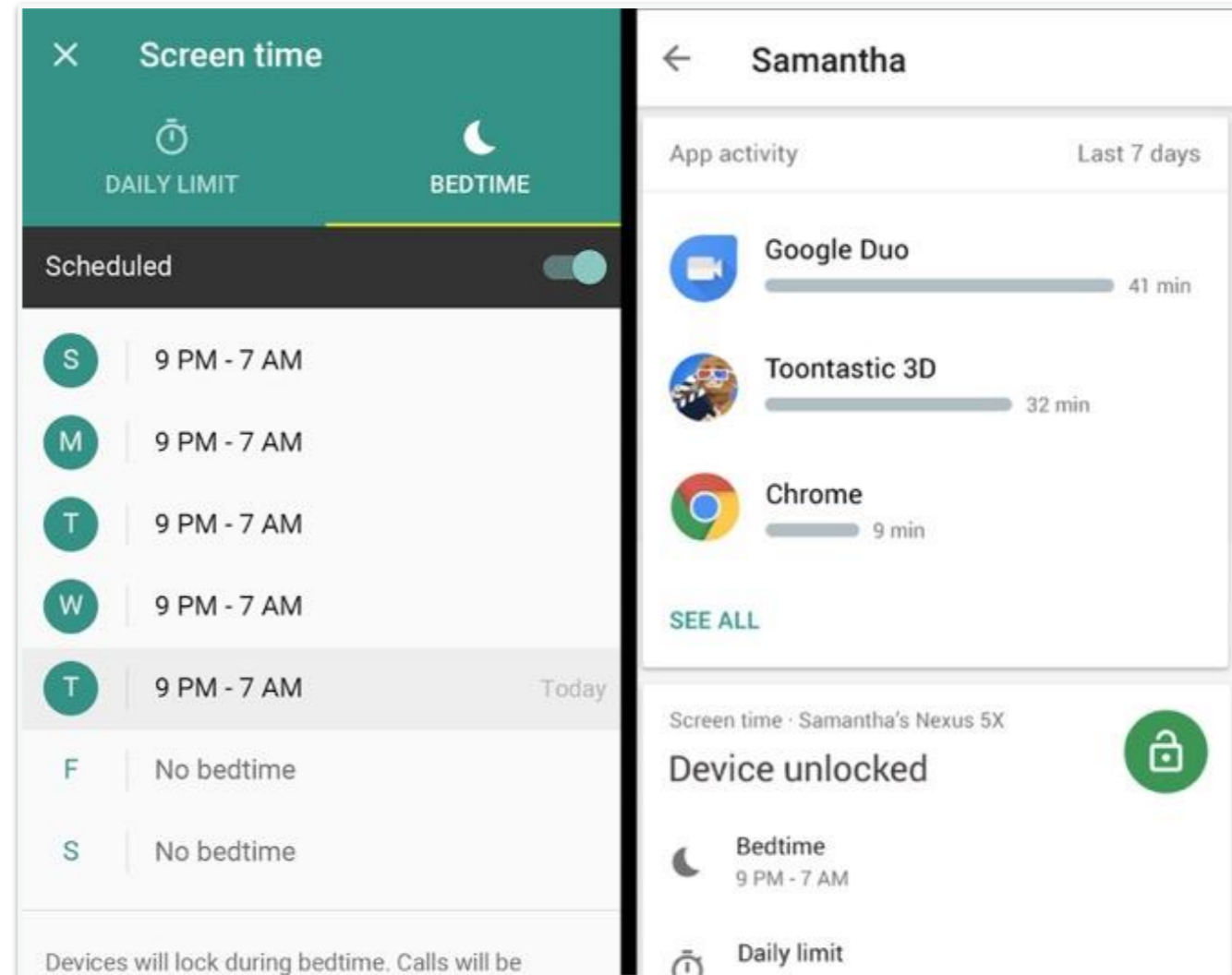
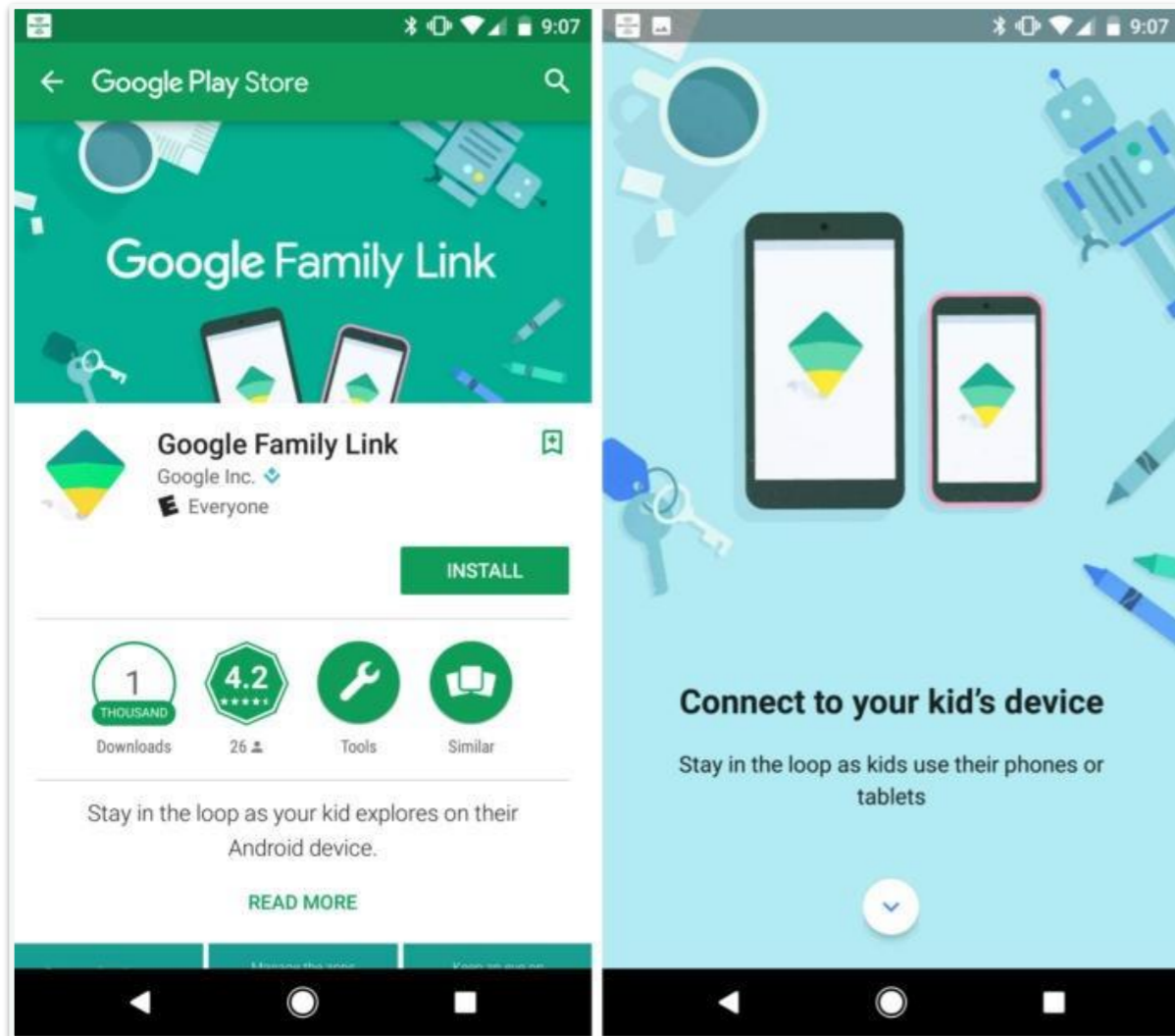


Supporting your son or daughter

- Take an interest.
- Engage with them.
- Use technology with them.
- Do not become a 'sharent' - lead by example.
- Talk to other parents about any issues.
- Be open minded to technology.



Google Family Link



Setting up Family Link takes approx 15 minutes.

iOS Parental Controls

Includes a feature known as "Screen Time". This tool logs what users are doing on their phone and presents it all in one easy to use chart.

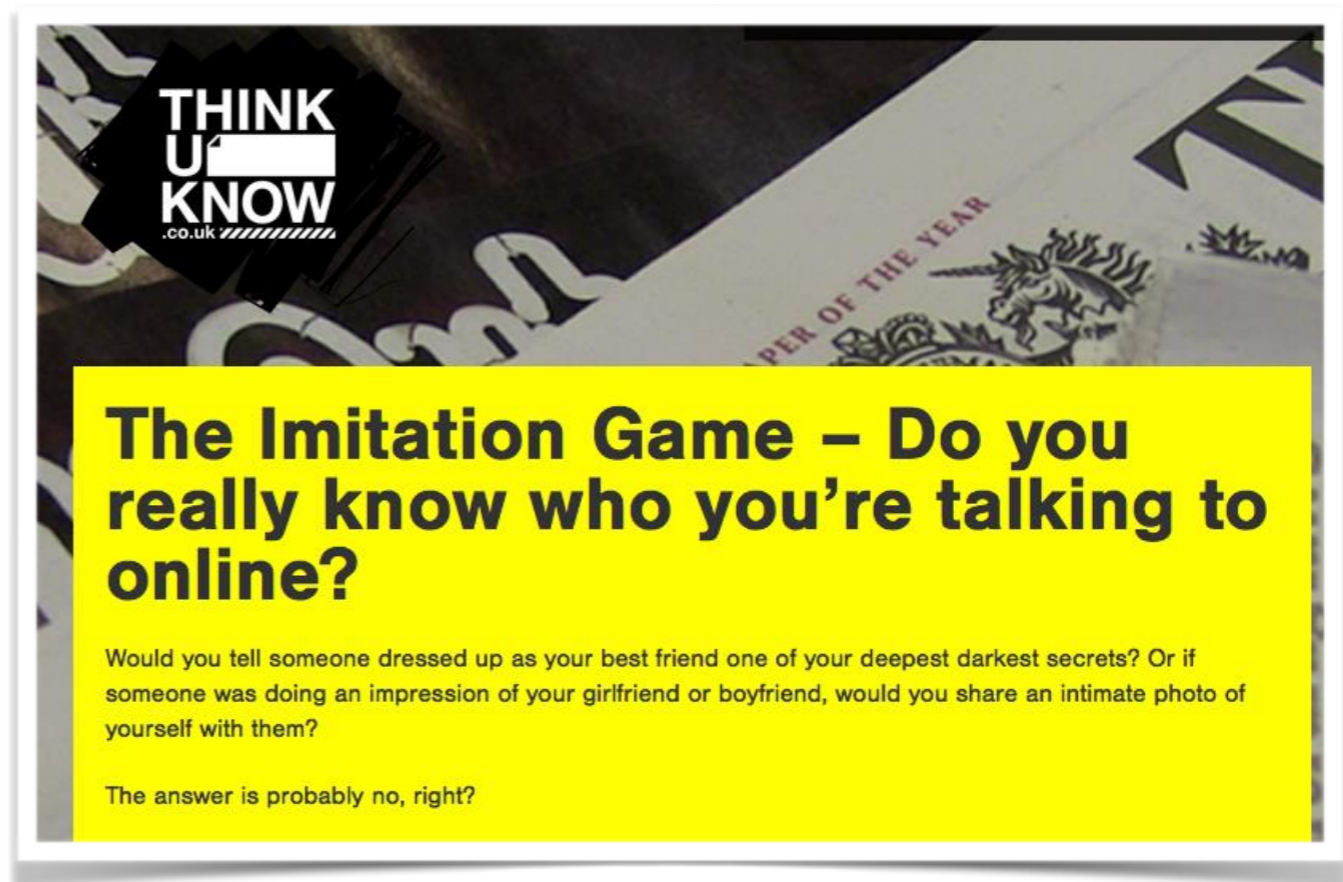
The phone will log whether people are spending all their time on social media, for instance. It also measures other data like how many notifications arrive and how often owners pick up their phones.

Apple allows the Screen Time feature to be controlled within families – meaning, for example, that parents can set limits for their children.



Who can help?

- CEOP
- Other Parents
- School Teachers
- Police
- NSPCC
- Childline

The advertisement has a dark background with a 'THINK UP KNOW .co.uk' logo in the top left. The main text is on a bright yellow background. It asks a question about sharing secrets with someone impersonating a friend and provides a likely answer.

**THINK
UP
KNOW**
.co.uk

The Imitation Game – Do you really know who you're talking to online?

Would you tell someone dressed up as your best friend one of your deepest darkest secrets? Or if someone was doing an impression of your girlfriend or boyfriend, would you share an intimate photo of yourself with them?

The answer is probably no, right?