

Old Buckenham High School

STUDENT Bulletin

Week Beginning 16th January 2023

Week A

	MON 16 TH JAN	TUES 17 TH JAN	WEDS 18 TH JAN	THURS 19 TH JAN	FRI 20 TH JAN
Assembly					Year 11
Breaktime Clubs	Accelerated Reader Reading & Quizzing In the Library	Accelerated Reader Reading & Quizzing In the Library	Accelerated Reader Reading & Quizzing In the Library	Accelerated Reader Reading & Quizzing In the Library	Accelerated Reader Reading & Quizzing In the Library
Lunchtime Clubs	LGBTQIA+ Action Group and Safe Space Library (Lunch 1 and 2)	Random Acts of Kindness Group ILT 2 Room 5 Everyone Welcome Singing Club Music Room 12.40-1.40	Woodwind and Brass Ensemble Music Room 12-40-1.40	Ukulele Club Music Room 12.40-1.40 NEW Rev Walsh Based in Canteen No appointment necessary	Prefect Clubs See updated list below
After School Clubs	Grease Rehearsals 3.30-5.00 Year 10 Sports Studies Revision Session 3.15-4.15 Room 12	Grease Rehearsal 3.30-5.00 All Years Basketball Club 3.15-4.15		All Years Table Tennis Club 3.15-4.15	
Events			Year 9 IAG Evening 4.30-6.30		

Student Reception:

Student Reception is open to students at the following times: 08.30 – 9.00; 10.40 – 11.00; 12:40 – 13:40. Students who have an appointment to see Mrs Prince, should knock on her external window (as indicated by the sign) when they arrive. Students who need to make an appointment to speak with a member of the Pastoral Team can do so via the post-boxes at Student Reception.

Students are to be in lessons during lesson times. If an incident occurs within a lesson, or prior to a lesson involving other students within the classroom. Please notify the classroom teacher. They will pass the information on to the Pastoral Team via email, and make any adjustments they feel are needed to support you within the lesson – this might involve moving seats, for example. A member of the Pastoral team will then arrange to meet with you at an appropriate time.

English Class Changes:

- **Year 8:** A small number of changes have been made to Year 8 English groups (from Monday 16th January). New timetables will be in BaseTutors' pigeon holes on Monday morning. These are group changes which were due to happen at the start of term, and were delayed by staff absence.
- **Year 11:** Year 11 English groups are being reorganised following mock exam results analysis to allow for more targeted teaching and intervention to take place over the months leading up to March mocks and the Summer exams. New timetables will be in BaseTutor pigeon holes on Monday 23rd January.

Remove Updates:

- If a student is Removed from a lesson, it is expected that they will complete the work set by the teacher for the lesson with the support of the member of staff in Room 4.
- Students who have been Removed are required to do the following:
 - o Complete a reflection log in their first lunchtime detention.
 - o Attend a restorative conversation with the subject teacher at 3.15pm in the Library on the same day (for P1 and P2 Removes) or the following day (for P3 Removes). No buses will leave the school site until all students from the Library are on their buses. Attendance to this meeting is compulsory – non attendance will result in further sanctions.

Head of English:

Regrettably, Miss Cross has decided to leave Old Buckenham High School due to personal reasons. In the short term, from the week beginning 23rd January, we will endeavour to cover all classes with an English specialist until a full-time member of staff is appointed.

Vaccinations – Dates for your Diary:

Thursday 26th January – Flu vaccinations

Thursday 23rd February - DTP/MenACWY Vaccinations for Year 9 students

T2P email sent 12th January with letter attached to click on the link "Immunisation Form" to say yes or no to accept or decline the vaccination, a response is required. Any queries please contact the Immunisation Team on 0300 555 5055. The electronic link will close at midday on Wednesday 22nd February.

New Lunchtime Club:

Rev Walsh will be visiting the school on a Thursday Lunchtime and will be based in the Canteen. Students are welcome to go along and see her for a chat and there is no need to make an appointment.

Updated Prefect Clubs Timetable

Every Friday Lunchtime (Lunch 1 and 2) – All students welcome

No need to sign up... just turn up!

Club	Location
Basketball (dry lunch days only)	Gym
Chess	Library
Football	MUGA
Crochet	Room 18
Book Club	Library
Table Tennis	Hall
Revision / Homework	Library

****You will need trainers for the sports clubs***

Online Safety:

Please find attached the Online Safety Newsletter for January and details of Online Safety Webinars provided by Norfolk Constabulary.

Grease Rehearsals:

Monday Act 2 Scene 1 *Shakin' at the High School Hop*
Full Cast required – Main Hall

Tuesday Act 2 Scene 1
Full Cast required – Main Hall

Star of the Week:

- Y7 Lottie R 7G – For always working so hard, being a great role model and a credit to herself.
Y8 Harry H 8G – For a really positive start to the Spring Term with lots of positive points.
Y9 Milly C 9R – For having a great start back from the Christmas break and for being a supportive peer.
Y10 Rainbow A 10R – Well done on achieving an impressive 9 positive points this week!
Molly K 10G – Well done on achieving an impressive 9 positive points this week!
Taylor S 10G – Well done on achieving an impressive 9 positive points this week!
Y11 Edgar DS 11G – Well done on your focus and hard work in lessons this week!

Year 11 Interhouse Chess:

Pupils need to either sign up with their form tutor or complete the sign-up sheet attached and email to bscott@obhs.co.uk.



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YEAR 11 INTER-HOUSE CHESS TOURNAMENT

Rules:

- 10 Minute 'Rapid' Matches
- Silent Games to avoid cheating
- En Passant and Castling both directions allowed
- You can not agree to draw
- Stalemate results in replay the next day
- Timeout results in a loss

23 – 27
JAN
2023



Year 10 Work Experience:

Just a reminder that the deadline for handing in placement forms is Friday 20th Jan 2023.

Snow Closure:

It's getting to the time of year again where we need to be prepared for closures in the event of bad weather. Following the growth in our community's engagement with online learning during the covid school closures, we will provide learning for our students in the event of a snow closure. Students will be emailed work to complete from their subject teachers on the day.

Help with Living Costs:

Please find information regarding help available to support with the cost of living on our website:

<https://www.obhs.co.uk/assets/Uploads/Help-with-living-costs-FINAL.pdf>

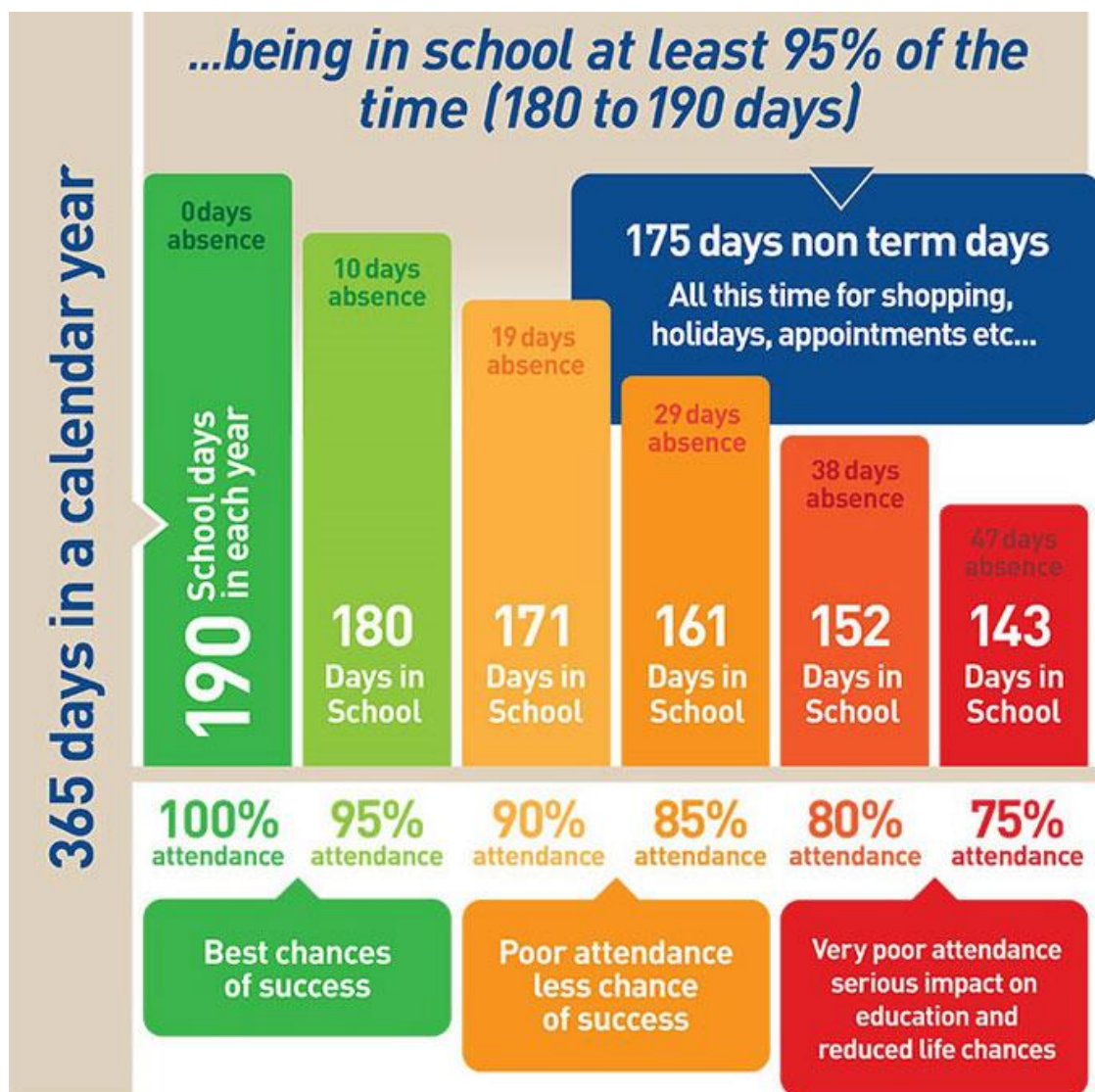
Attendance:

Every Day Counts

As we begin 2023 and a new school term, we would like to remind all students, parents and carers of the importance of good attendance at school. Regular school attendance is essential if children are to achieve their full potential. Children are expected to be in school every day and must arrive on time. It is a parents legal responsibility to ensure this.

If your child is absent from school you must contact us on 01953 860233 (ideally before 9am) and leave a message on the absence line letting us know the reason for their absence, and on each subsequent day of absence thereafter. If no contact is made to explain their absence, it will be marked as unauthorised. Alternatively you can email office@obhs.co.uk

If your child is experiencing any difficulties with attending school, please let us know, as support is available and we can work together to help ensure all our students can achieve their full potential.



Figures

	Whole School	Y7	Y8	Y9	Y10	Y11
Cumulative	90.49%	92.53%	91.61%	89.15%	90.74%	87.35%
Weekly	90.18%	89.82%	92.61%	90.55%	90.42%	86.88%

Lost Property Items:

Black watch left on Bus 5

Red tie

2 navy blue water bottles

Pink glove

Camouflage Hat

Locker key on bright green key ring

Updated Covid Guidelines:

Pupils who have symptoms of COVID-19 should follow the current [UKHSA guidance](#).

Wisepay:

Please could parents/carers remember to top up their child's Wisepay account to enable them to purchase their lunch. If a student has any difficulty in purchasing their lunch, please can they go to Student Reception.

If you purchase any items on Wisepay, students will need to collect these from Student Reception once the payment has been received. Revision guides need to be collected by the student from their subject teacher.

Career of the Week:

Technology careers in **COMPUTER SCIENCE**



WHAT IT'S ALL ABOUT:

This exciting GCSE gives you an excellent opportunity to investigate how computers work and how they're used, and to develop computer programming and problem-solving skills. You'll also do some fascinating in-depth research and practical work. Computing also counts towards the EBacc.

Students will gain practical experience of designing, writing and testing computer programs, develop the ability to reason, explain and evaluate computing solutions and develop awareness of current and emerging computing trends.

Some of the key features of GCSE Computer Science are: Algorithms, binary & data representation, data storage, compression, encryption & databases, components of computer systems, truth tables and logic statements, reading & interpreting assembly code, computer networks, emerging technology trends & the World Wide Web.

WHY YOU SHOULD STUDY IT:

- 1 High Paid Jobs! Excellent starting salaries and high wage opportunities – you just have to look at the examples mentioned here.
- 2 There is a huge range of career pathways: Computer technology is part of nearly everything nowadays! Ever thought of a career in biotechnology, nanotechnology or robotics?
- 3 Computer Science is very creative. Every single day, people all over the world will use things that you help create, and you'll understand exactly how it all works.
- 4 So much of computer science is practical. You don't have to just learn and understand theories, you often get to make things, change things and actually apply what you've learned everywhere!
- 5 Your family & friends will admire your knowledge & count on you to fix all of their computing problems. Help Mum with the Google, please, she can't figure it out. Computing is cool!

WEB DEVELOPER



Web Developers create website layout & integrate graphics & applications. They also write web-design programs & computer languages, such as HTML or JavaScript.
Average Pay = £30,000

COMPUTER PROGRAMMER



A Computer Programmer figures out the process of designing, writing, testing, debugging/troubleshooting and maintaining the source code of computer programs.
Average Pay = £45,000

GAMES DEVELOPER



Games Developers design characters and backgrounds for video games, deciding how the game will look and work. You could work for EA Games or Nintendo!
Average Pay = £40,000

COMPUTER SYSTEMS ANALYST



Computer Systems Analysts study a company's current computer systems & design information systems solutions to help the company operate more efficiently & effectively.
Average Pay = £56,000

NETWORK SYSTEMS ADMINISTRATOR



Computer Systems Administrators are responsible for the day-to-day operation of company networks. They organise, install, and support a company's computer systems.
Average Pay = £26,000

IT CONSULTANT



An IT Consultant works in partnership with clients, advising them how to use information technology in order to meet their business objectives or overcome problems.
Average Pay = £45,000



Local Martial Arts Classes:

Classes run in and around Attleborough and are for all age groups.

**CO-ORDINATION
CONCENTRATION
CONFIDENCE**

**BOOK
A FREE*
TRIAL
LESSON**

**BEGINNERS
WELCOME**

Class Details:

Kuk Sool Won Martial Arts
Classes available in your Area
Lil Dragons 4-7yrs
7yrs Plus & Family Classes.
Adult Classes available.

Go to Website to Book Your Place
www.kuksoolwon-gillingwater.org

Kuk Sool Won Traditional Martial Arts

07775 890 359

andygillingwater@msn.com

www.kuksoolwon-gillingwater.org



*Subject to availability.

Get Into Martial Arts is a trademark of NEST Management Ltd, Unit 3.2 Wilford Business Park, Riddington Lane, Nottingham, NG11 7EP. Registered in England 08928679

Broadband set up

Have you set up appropriate settings on your broadband/Wi-Fi? Most broadband providers include parental controls for free as part of their broadband package, which means that any device that connects to your Wi-Fi will be protected by any controls you set up. Find out how to set yours up here:

Sky:

<https://www.sky.com/help/diagnostics/sky-broadband-buddy/sky-broadband-buddy>

BT:

<https://www.bt.com/help/security/how-to-keep-your-family-safe-online-with-bt-parental-controls-an>

Talk Talk:

<https://community.talktalk.co.uk/t5/Keeping-your-Family-Safe/bd-p/kfshub>

Virgin:

<https://www.virginmedia.com/broadband/parental-control>

Remember, children may have devices that use mobile data, so they won't always be connected to your wireless. Ensure you set up parental controls on these devices too.

Further information:

<https://saferinternet.org.uk/guide-and-resource/parental-controls-offered-by-your-home-internet-provider>

Test Your Internet Filter

SWGfL have created a tool to test your filtering to give you an indication that your broadband is blocking certain categories. Access it here: <http://testfiltering.com/>

Video Chatting

Does your child use a web cam or a device to video chat?

Video calls are a very popular way in which people connect with each other, this could be using Facetime on an iPhone, video calling in WhatsApp or perhaps livestreaming on social media as an example.

You should talk to your child about who they chat with and what they are sharing when they do. As with all apps and websites that your child accesses, make sure they know how to use any reporting tools and they know how to block other users if necessary.

It is important that your child is aware that what they say and do whilst video chatting can be recorded and shared later without their knowledge.

Childnet have written this blog to help you learn more about video chat and webcams. It also contains tips on how to manage risks whilst online:

<https://www.childnet.com/help-and-advice/video-chat-and-webcams-parents/>



Mastodon



Mastodon is rated 17+ by the App store and Google Play. It is a social network that has gained popularity recently. It has limited parental controls so we would recommend finding out more about this platform. Internet Matters have produced this article: <https://www.internetmatters.org/hub/news-blogs/what-is-mastodon-social-media/>

WhatsApp

You must be at least 16 years old to register for and use WhatsApp. WhatsApp is a free messaging app that allows you to send messages, voice notes, photos and videos.

What are the features of WhatsApp?

Group chats: One of the key features is the group chat function. Everybody in the group, even if they are not one of your child's phone contacts, will be able to see all messages within that group. *If your child is added to a group with someone that they have previously blocked, that person can still see their messages and send them messages within the group.*

In settings, you can change who can add your child to groups, for example, you can change it to 'my contacts', which means that only those in your child's contacts can add them to a group. You can leave a group chat at any point so talk to your child and encourage them to leave any chat that makes them feel uncomfortable. You can leave groups silently (only the admin will be notified).

Location sharing: you can share your location on WhatsApp. Talk to your child about when this would be appropriate to use but also the potential danger of sharing their location, for example with strangers.

Blocking/Reporting: Show your child how to block and report.

Online Bullying: WhatsApp has been used in instances of online bullying, e.g. to send nasty messages or share images of other children without their permission. It is important to have regular chats with your child about their online life and that they understand that they must talk to you or another trusted adult if they are being bullied. This is a helpful article from Family Lives, which talks about what to do if you are being bullied:
<https://www.familylives.org.uk/advice/bullying/cyberbullying/what-to-do-if-you-re-being-bullied-on-a-social-network>

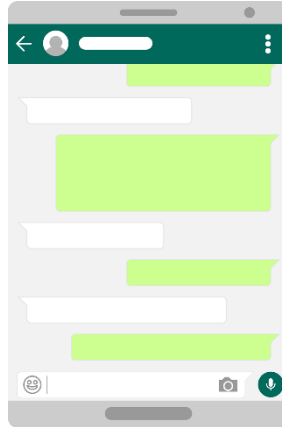
Disappearing messages: With disappearing messages, you can control how long a message can be seen for before it is deleted – 24 hours, 7 days or 90 days (once set, this will only work for new messages).

View once messages: when sending a photo or video, you can set it so it can only be viewed once by respondents. Screenshots are also blocked when using this function.

Choose who can see your profile pic and when you're online: In settings (privacy), you can choose who can and can't see when you're online and your profile pic. You can choose either Everyone, My Contacts, My Contacts except, and nobody.

Further information

<https://parentzone.org.uk/article/whatsapp>



Whizz – Make new Friends App



Whizz is a social networking platform and is rated for 'Teens' on the Google Play store and as 12+ on the App store. It is free to download but does have in-app purchases ranging from £0.89 to £44.99.

Users swipe through the app to find people who are currently online and who they would like to chat with. **Users will be chatting with strangers, which can present risks.** Internet Matters have produced advice around chatting with strangers here:

<https://www.internetmatters.org/connecting-safely-online/advice-for-parents/tackling-the-hard-stuff-on-social-media-to-support-young-people/chatting-to-strangers-online/>

Is YouTube safe?

The NSPCC have produced this article discussing the risks associated with using YouTube and the safety settings and features that are available depending on how old your child is and what they do on YouTube. You can access the article here:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/how-to-keep-your-child-safe-on-youtube/>

TikTok refresh

Parent Zone have worked with TikTok to produce a series about safety when using TikTok. You can find out more here:

<https://parentzone.org.uk/article/tiktok>

Online Safety Webinars.



Are you a parent or carer, or someone who looks after children?

Norfolk Constabulary's Safer Schools Team and their colleagues in Prevent (Counter Terrorism), Cyber Security and the Safeguarding Children Online Team will be delivering two webinars about keeping children safe online.

Select a session below to reserve your spot:

[Session One](#)

Tue 7 Feb 2023 | 11:00 - 12:00

[Session Two](#)

Tue 7 Feb 2023 | 16:00 - 17:00



- SIGN-UP -

Chess Tournament

YEAR 11 CHESS

DATE: 23RD-27TH JAN

NO	NAME	FORM	CHESS ELO (OPTIONAL)
1			
2			
3			
4			
5			
6			