





LGBT+ History Month – ILT Session 4

Discussion Task:

What is a stereotype?

A stereotype is

What are some of the **gender stereotypes** you can think of?

C+: What evidence do we see of gender stereotypes in our daily lives? *In school? In the media?*





How far do you agree or disagree with the stereotypes listed below?

Be ready to justify and explain your thoughts.

Feminine.

*Not aggressive.
Dependent.
Easily influenced.
Submissive.
Passive.
Home-oriented.
Easily hurt emotionally.
Indecisive.
Talkative.
Gentle.
Sensitive to other's feelings.
Very desirous of security.
Cries a lot.
Emotional.
Verbal.
Kind.
Tactful.
Nurturing.*

Masculine.

*Aggressive.
Independent.
Not easily influenced.
Dominant.
Active.
Worldly.
Not easily hurt emotionally.
Decisive.
Not at all talkative.
Tough.
Less sensitive to other's feelings.
Not very desirous of security.
Rarely cries.
Logical.
Analytical.
Cruel.
Blunt.
Not nurturing.*

How might stereotyped ideas about gender affect someone's life?

Why might gender stereotypes be damaging to a person?

How might gender stereotypes be limiting within wider society?





A Report by the Fawcett Society – Reported in The Guardian

Harmful” gender stereotyping has helped fuel [the UK mental health crisis](#) afflicting the younger generation, an influential report has warned, adding that it is at the root of problems with [body image](#) and eating disorders, record [male suicide rates](#) as well as violence against women and girls.

Stereotyped assumptions also “significantly limit” youngsters’ career choices, in turn contributing to [the gender pay gap](#), according to the findings of an influential commission set up by the leading gender equality campaigning charity the Fawcett Society.

Warning that stereotyping persists in parenting, education and the commercial sector – notably [toys](#), books and fashion – the commission is calling on the government to “take meaningful steps” to better support teachers and parents and challenge simplistic “pink and blue” labelling in the corporate sector.



Harmful Gender Stereotypes in Adverts Banned

A ban on adverts featuring "harmful gender stereotypes" or those which are likely to cause "serious or widespread offence" has come into force.

The ban covers scenarios such as:

- An ad that depicts a man with his feet up and family members creating mess around a home while a woman is solely responsible for cleaning up the mess.
- An ad that depicts a man or a woman failing to achieve a task specifically because of their gender – eg a man's inability to change nappies; a woman's inability to park a car.
- Where an ad features a person with a physique that does not match an ideal stereotypically associated with their gender, the ad should not imply that their physique is a significant reason for them not being successful – eg in their romantic or social lives.
- An ad that belittles a man for carrying out stereotypically "female" roles or tasks



Why was this advert accused of reinforcing gender stereotypes?





The Importance of Self-Love

It can be difficult to love yourself fully in a society where you feel constantly bombarded by stereotyped ideas of what you 'should' or 'shouldn't' be. Perhaps your dreams and ambitions don't fit with stereotyped ideas of what you should do, or your sense of style and identity doesn't fit an agreed and stereotyped 'norm'. All of these things might have you questioning yourself rather than loving you for being you.

It can be difficult to celebrate yourself and your achievements in a society where so many people share their lives so publicly on social media. You might find yourself constantly comparing yourself to them: your appearance, your social life, your friends, your academic achievements, your skills and hobbies. And the reality is that what you see of somebody's life on social media rarely tells the full picture. Not only is it filtered to within an inch of its life, but it is also capturing 1 or 2 moments in a 24 hour period, not everything that is going on around that.

We want you all to take this opportunity to write yourself a little card celebrating something brilliant about being you.



This year, on February the 14th, the most important Valentine's Card you can write is to yourself.

Choosing one of the card designs, we would like you to capture on the back a message to yourself about why you are great and worth loving.

It might be that you are a great listener, a loyal friend, that your hair is pretty stylish and cool (in your opinion...and that is the only one that matters), that you have managed to learn a new skill, master a language, not give up at something that is tough...these are all things that are worth celebrating and being proud of.

Once you have written your card, you are going to take it with you: you don't have to share it with anyone if you don't want to.

**There are over 500 wonderful young people here at OBHS,
let's celebrate you.**

**IF YOU CAN'T LOVE YOURSELF,
HOW IN THE HELL YOU GONNA
LOVE SOMEBODY ELSE?**

RUPAUL





What Is Going On This Month?

Throughout the month of February, subject teachers will deliver an LGBT+ inclusive lesson. This will give you the opportunity to learn even more about the LGBT+ community and its history.

We have put together an inclusive recommended reads list. If you are keen to broaden what you read and learn more through fiction, why don't you have a read of one of our recommendations? The reading lists will be displayed in the library where there will be copies for you to take, so please help yourself.

W/B	Classroom Activity	Lunchtime Activity
31 st January	ILT Session 1 – Monday 31st January: An Introduction to LGBT+ History Month and how we will educate and celebrate at OBHS.	Treasure Hunt: Collect a treasure hunt form from student reception. The Treasure Hunt will involve you following our trail to discover things you might not have known about the queer community, and get you finding clues our about famous, and not-so-famous faces. There are prizes to be won, so come along and give it a go.
	ILT Session 2 – Thursday 3rd February: Pronoun Equality: A presentation on pronoun equality and the importance of being able to identify and be addressed in the right way. Students who would like us to create a preferred pronoun and name badge for them to wear will have the opportunity to sign up in this session. Regardless of whether your chosen pronoun matches your biological sex, or doesn't, wearing a badge is a way of showing you are an ally within the OBHS community.	
7 th February	ILT Session 3 – Tuesday 8th February: An introduction to some of the challenges faced by the LGBT+ community.	Rainbow Bake-Off: students to submit their best rainbow bake to SM Office before 9.00am. Judging to take place in Room 3 at lunchtime. Thursday 10th February
	ILT Session 4 – Friday 11th February: You are Enough. This session will focus on the importance of self-love and appreciation and give you the opportunity to reflect and celebrate the things you feel proud of or thankful for.	
14 th February	Half Term	
21 st February	ILT Session 4 – Tuesday 22nd February LGBTQIA+ History: An opportunity to learn more about the LGBT+ culture and its history. This will include information on key events and people who are part of the community. We hope that by increasing understanding, we can increase respect and allies within the school.	Film Showing: 'Love Simon' will be shown in the Main School Hall during lunchtime this week and is open to students in Y9 and above.
	LGBT+ Celebration Day – Friday 25th February All students are invited to wear rainbow-coloured additions to their uniform on Friday (socks, hats, ties, hair bands, ribbons, gloves). We will have a celebratory event running during both Friday lunchtimes in the Main School Hall. There will be stalls such as rainbow face painting and nails, an LGBT quiz, a badge making stall, a bake sale, etc. There will be music frivolity and an official cry opening the event by the Official Town Crier for Thetford and Norwich Pride. We would like as many of you to come along to show your support and have fun celebrating!	



Rainbow Bake-Off

Submit your entries to Mrs Morgan's office by break time on Thursday 10th February.

Judging will take place in Room 3 during ILT 1.

Get your bake on and be creative!





Film Showing

Everyone deserves a great love story, but for 17-year-old Simon Spier, it's a little more complicated. He hasn't told his family or friends that he's gay, and he doesn't know the identity of the anonymous classmate that he's fallen for online. Resolving both issues proves hilarious, terrifying and life-changing.

Showing in the Main School Hall during lunchtime from Monday 21st – Thursday 24th February

For Year 9, 10 and 11





LGBT+ History Month Celebration Day – Friday 25th February

The celebration will open with a cry from the official town crier for Norwich Pride. His infamous cry of ‘Oh Gay, Oh Gay, Oh Gay...’ went viral after pride 2019. He will be donning his rainbow waistcoat and opening our celebration with our very own cry.

Following this, there will be music, merriment and celebration in the Main School Hall. Come along and get your face painted, buy a rainbow cake, or have a go at one of the games and quizzes on offer...there are prizes to be won!

It will be running throughout both lunchtimes and all students are welcome.

Don't forget to add an extra something to your uniform on Friday 25th: rainbow socks, a rainbow tie or hair band, rainbow gloves.

**We can't wait to celebrate with you
all!**

